

# CLEAN EATING

## WHAT DOES CLEAN EATING MEAN TO MILK STREET CAFE?

Healthy Food that's prepared without any artificial preservatives, sweeteners, flavors or colors. We only use grass fed beef and our poultry is 100% antibiotic-free, exclusively vegetarian fed, and raised in stress-free living conditions

### BREAKFAST

#### TOMATO, SPINACH AND GOAT CHEESE FRITTATA

55.95 | SERVES 10-12

### CHILLED SOUPS

#### CHILLED WATERMELON OR TRADITIONAL GAZPACHO | 44.95

SERVES 10 FULL CUPS OR 15 APPETIZER PORTIONS | CALL FOR DAILY SPECIAL

Served with house made foccacia\*

### SUMMER SALADS 8.45 ENTREE | 4.75 SIDE

#### WATERMELON AND FETA SALAD

Mesclun, arugula, watermelon, summer radish and feta with a poached bosc pear vinaigrette

#### QUINOA AND WILD RICE SALAD

Roasted zucchini, squash and peppers tossed with curly kale and walnuts with a clover honey and toasted sunflower seed vinaigrette

#### SUMMER PASTA SALAD\*

Roasted tomatoes, cucumber, radish, bell peppers, arugula with a dill caper vinaigrette

### SUMMER SUSHI | 65.95 | 40 PIECES

#### CALIFORNIA TOBIKO ROLL

Crabstick, avocado and cucumber topped with tobiko

#### NARUTO CUCUMBER ROLL

Tuna, avocado and crabstick rolled in a cucumber peel

#### TUNA NIGIRI | SALMON NIGIRI

#### SWEET POTATO ASPARAGUS ROLL

SUMMER RAINBOW ROLL Carrot, asparagus and pineapple topped with avocado, mango, strawberry and strawberry sauce

### ENTREES CHOOSE 1

Entrees include your choice of two sides in the column to the right

#### HERB ROASTED CHICKEN BREAST

with Maine Backyard Tomatoes and lemon basil salsa

15.95 per person

#### GRILLED BEEF FILET with Argentinian chimichurri sauce

21.25 per person

ROASTED CAULIFLOWER STEAKS with English cucumber and dill tzatziki

15.75 per person

SEARED LEMON PEPPER TOFU with harissa and balsamic

splashed roasted sweet peppers

16.25 per person

### SIDES CHOOSE 2

CAULIFLOWER RICE ginger, carrot, snow peas,

bell peppers and basil

ROASTED GARLIC BROCCOLI with tahini and sesame seeds

SUMMER SQUASH corn and zucchini sauté with roasted garlic and pressed basil extra virgin olive oil

BABY BOK CHOY sautéed garlic, coriander, sesame and roasted sweet peppers

ROASTED SWEET POTATOES coconut oil, sea salt and wild flower honey

HIMALAYAN RED RICE PILAF cranberries, citrus and walnuts

QUINOA AND WILD RICE roasted zucchini, squash, peppers and kale

all items on this page are gluten free except those with an asterisk

Milk Street Cafe Your day just got better.

WWW.MILKSTREETCAFE.COM

617-542-3663