

October 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Veg. Entree: Mac and Cheese Fish Entree: Teriyaki Salmon Special Pizza: Wild Mushroom/Caramelized Onions Dairy Soup: Rstd Red Pepper Chowder Dairy Free Soup: Vegetable Quinoa Meat Soup: Chicken Tortilla	8 Veg. Entree: Baked Ziti Fish Entree: Breaded Haddock Special Pizza: BBQ Impossible Beef Dairy Soup: Corn Chowder Dairy Free Soup: Potato Leek Meat Soup: Chicken Tortilla	9 CLOSED FOR YOM KIPPUR	10 Veg. Entree: Beyond Burger Fish Entree: Smoked Maple Salmon Special Pizza: Roasted Fall Veggie Dairy Soup: Split Pea Dairy Free Soup: Pasta Fagioli Meat Soup: Sausage Gumbo	11 Veg. Entree: Tuna Noodle Casserole Fish Entree: Tomato Relish Haddock Special Pizza: Roasted Fall Veggie Dairy Soup: Corn Chowder Dairy Free Soup: Pasta Fagioli Meat Soup: Sausage Gumbo
14 CLOSED FOR SUCCOT	15 CLOSED FOR SUCCOT	16 Veg. Entree: Beyond Burger Fish Entree: Teriyaki Salmon Special Pizza: Beyond Sausage & Ricotta Dairy Soup: Tomato Bisque Dairy Free Soup: Black Bean Meat Soup: Carrot Chicken Ginger	17 Veg. Entree: Impossible Stuffed Peppers Fish Entree: Tomato Relish Haddock Special Pizza: Impossible Taco Dairy Soup: Tomato Bisque Dairy Free Soup: Spanish Egg Meat Soup: Carrot Chicken Ginger	18 Veg. Entree: Baked Ziti Fish Entree: Balsamic Salmon Special Pizza: Roasted Fall Veggie Dairy Soup: Fish Chowder Dairy Free Soup: Spanish Egg Meat Soup: Beef Vegetable
21 CLOSED FOR SIMCHAT TORAH	22 CLOSED FOR SIMCHAT TORAH	23 Veg. Entree: Beyond Burger Fish Entree: Teriyaki Salmon Special Pizza: Beyond Sausage & Ricotta Dairy Soup: Broccoli Cheddar Dairy Free Soup: Lentil, Tomato & Kale Meat Soup: Beef Vegetable	24 Veg. Entree: Impossible Stuffed Peppers Fish Entree: Haddock Florentine Special Pizza: Impossible Taco Dairy Soup: Broccoli Cheddar Dairy Free Soup: Ratatouille Meat Soup: Caribbean Chicken Stew	25 Veg. Entree: Baked Ziti Fish Entree: Pesto Salmon Special Pizza: Roasted Fall Veggie Dairy Soup: Corn Chowder Dairy Free Soup: Ratatouille Meat Soup: Caribbean Chicken Stew
28 Veg. Entree: Mac and Cheese Fish Entree: Teriyaki Salmon Special Pizza: Wild Mushroom/Caramelized Onions Dairy Soup: Corn Chowder Dairy Free Soup: Vegetable Barley Meat Soup: Chicken Orzo	29 Veg. Entree: Impossible Baked Ziti Fish Entree: Breaded Haddock Special Pizza: BBQ Impossible Beef Dairy Soup: Spinach Tomato Feta Dairy Free Soup: Vegetable Barley Meat Soup: Chicken Orzo	30 Veg. Entree: Beyond Burger Fish Entree: Lemon Pepper Salmon Special Pizza: Beyond Sausage & Ricotta Dairy Soup: Spinach Tomato Feta Dairy Free Soup: Butternut Squash Meat Soup: Beef Stew	31 Veg. Entree: Impossible Stuffed Peppers Fish Entree: Tomato Relish Haddock Special Pizza: Impossible Taco Dairy Soup: Corn Red Pepper Chowder Dairy Free Soup: Butternut Squash Meat Soup: Beef Stew	