

July 2010

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|---|---|--|----------|
| Soup Soup Dairy Entrée Pizza Fish Entree | | | | 1 Minestrone Spanish Egg Cajun Pasta Roasted Garlic with Cherry Tomato Oriental Salmon over Rice | 2 Corn Chowder Lima Bean Carrot Veggie Burgers Pepper, Onion, & Mushroom N E Fish Cakes | |
| Soup Soup Dairy Entrée Pizza Fish Entree | 5 Closed for 4th of July Weekend | 6 Lentil Roasted Red Pepper Mexican Burritos Tom, red pepper & garlic Stuffed Salmon over Couscous | 7 Moroccan Harrira Cream of Broccoli Portabella Mushroom Onion & Red Pepper Creole Scrod over Rice | 8 Tomato Bisque Black Bean Tuna Casserole Goat Cheese and Olives Teriyaki Salmon | 9 Fish Chowder Italian Vegetable Baked Ziti Pepper, Mushroom & Onion Haddock over Potato | |
| Soup Soup Dairy Entrée Pizza Fish Entree | 12 Mushroom Barley Spinach Tomato Feta Macaroni & Cheese Portabella Mushroom Pizza Teriyaki Salmon over Rice | 13 Spanish Egg Gazpacho Spinach Lasagna Tomato Basil Breaded Haddock over Mashed Potatoes | 14 Sweet Potato Carrot Gazpacho Vegetable Pot Pie Onion & Red Pepper Oriental Style Salmon | 15 Moroccan Harrira Cream of Tomato Tortellini Eggplant Parmesan Sun dried Tomato w/Onion Scrod Provençal | 16 Corn Chowder Lima Bean Carrot Veggie Burgers Pepper, Onion, Mushroom Roasted Salmon with Red Pepper Corn Relish | |
| Soup Soup Dairy Entrée Pizza Fish Entrée | 19 French Onion Tomato Bisque Macaroni & Cheese Onion & Goat Cheese & Spinach Scrod w/ Mashed Potato | 20 Lima Bean Carrot Spinach Tomato Feta Meatless Lasagna Red Pepper White Pizza Salmon with soy, honey & wasabi sauce | 21 Potato Leek Gazpacho Shepard's Pie Roasted Garlic & Tomato Cajun Style Scrod with Roasted Potato | 22 Moroccan Harrira Sweet Potato Carrot Mexican Burritos Fresh Basil & Parmesan Herbed Salmon over rice | 23 Fish Chowder Gazpacho Baked Ziti Pepper, Mushroom & Onion Baked Haddock over Sweet Potato Fries | |
| Soup Soup Dairy Entrée Pizza Fish Entree | 26 Black Bean Spinach Tomato Feta Macaroni & Cheese Onion & Three Cheese Teriyaki Salmon | 27 Moroccan Harrira Gazpacho Grilled Vegetable Lasagna Tomato Basil Breaded Scrod over Mashed Potatoes | 28 Gazpacho Vegetable Potage Mexican Burritos Spinach Ricotta Lemon Ginger Salmon over Couscous | 29 Minestrone Spanish Egg Cajun Pasta Roasted Garlic with Cherry Tomato Cajun Cod over Roasted Potato | 30 Corn Chowder Lima Bean Carrot Veggie Burgers Pepper, Onion, & Mushroom Salmon w/ Red Pepper Corn Relish | |

August 2010

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|--|--|---|--|---|--|----------|
| <p>Soup Soup Dairy Entrée Pizza Fish Entree</p> | <p>2 Split Pea Spinach Tomato Feta Macaroni & Cheese Tom & Portabella Mushroom Scrod over Sweet Potato</p> | <p>3 Lentil Vegetable Potage Mexican Lasagna Sun Dried Tomato, Red Pepper & Garlic Stuffed Salmon</p> | <p>4 Moroccan Harrira Gazpacho Portabella Mushroom Onion & Red Pepper Creole Scrod over Rice</p> | <p>5 Gazpacho Black Bean Tuna Casserole Goat Cheese and Olives Teriyaki Salmon</p> | <p>6 Fish Chowder Italian Vegetable Baked Ziti Pepper, Mushroom & Onion Haddock over Potato</p> | |
| <p>Soup Soup Dairy Entrée Pizza Fish Entree</p> | <p>9 Mushroom Barley Spinach Tomato Feta Macaroni & Cheese Portabella Mushroom Pizza Teriyaki Salmon over Rice</p> | <p>10 Spanish Egg Tomato Bisque Spinach Lasagna Tomato Basil Breaded Haddock over Mashed Potatoes</p> | <p>11 Sweet Potato Carrot Cream of Mushroom Vegetable Pot Pie Onion & Red Pepper Oriental Style Salmon</p> | <p>12 Moroccan Harrira Cream of Tomato Tortellini Eggplant Parmesan Sun dried Tomato w/Onion Scrod Provencal</p> | <p>13 Corn Chowder Lima Bean Carrot Veggie Burgers Pepper, Onion, Mushroom Roasted Salmon with Red Pepper Corn Relish</p> | |
| <p>Soup Soup Dairy Entrée Pizza Fish Entree</p> | <p>16 French Onion Tomato Bisque Macaroni & Cheese Onion & Goat Cheese & Spinach Scrod w/ Mashed Potato</p> | <p>17 Lima Bean Carrot Spinach Tomato Feta Meatless Lasagna Red Pepper White Pizza Salmon with soy, honey & wasabi sauce</p> | <p>18 Potato Leek Italian Vegetable Shepard's Pie Roasted Garlic & Tomato Cajun Style Scrod with Roasted Potato</p> | <p>19 Moroccan Harrira Sweet Potato Carrot Mexican Burritos Fresh Basil & Parmesan Herbed Salmon over rice</p> | <p>20 Fish Chowder Minestrone Baked Ziti Pepper, Mushroom & Onion Baked Haddock over Sweet Potato Fries</p> | |
| <p>Soup Soup Dairy Entrée Pizza Fish Entrée</p> | <p>23 Black Bean Spinach Tomato Feta Macaroni & Cheese Onion & Three Cheese Teriyaki Salmon</p> | <p>24 Moroccan Harrira Cream of Butternut Squash Grilled Vegetable Lasagna Tomato Basil Breaded Scrod over Mashed Potatoes</p> | <p>25 Tomato Tortellini Vegetable Potage Mexican Burritos Spinach Ricotta Lemon Ginger Salmon over couscous</p> | <p>26 Minestrone Spanish Egg Cajun Pasta Roasted Garlic with Cherry Tomato Cajun Cod over Roasted Potato</p> | <p>27 Corn Chowder Lima Bean Carrot Veggie Burgers Pepper, Onion, & Mushroom Salmon w/ Red Pepper Corn Relish</p> | |
| <p>Soup Soup Dairy Entrée Pizza Fish Entree</p> | <p>30 Split Pea Spinach Tomato Feta Macaroni & Cheese Tom & Portabella Mushroom Scrod over Sweet Potato</p> | <p>31 Lentil Vegetable Potage Mexican Lasagna Sun Dried Tomato, Red Pepper & Garlic Stuffed Salmon</p> | | | | |